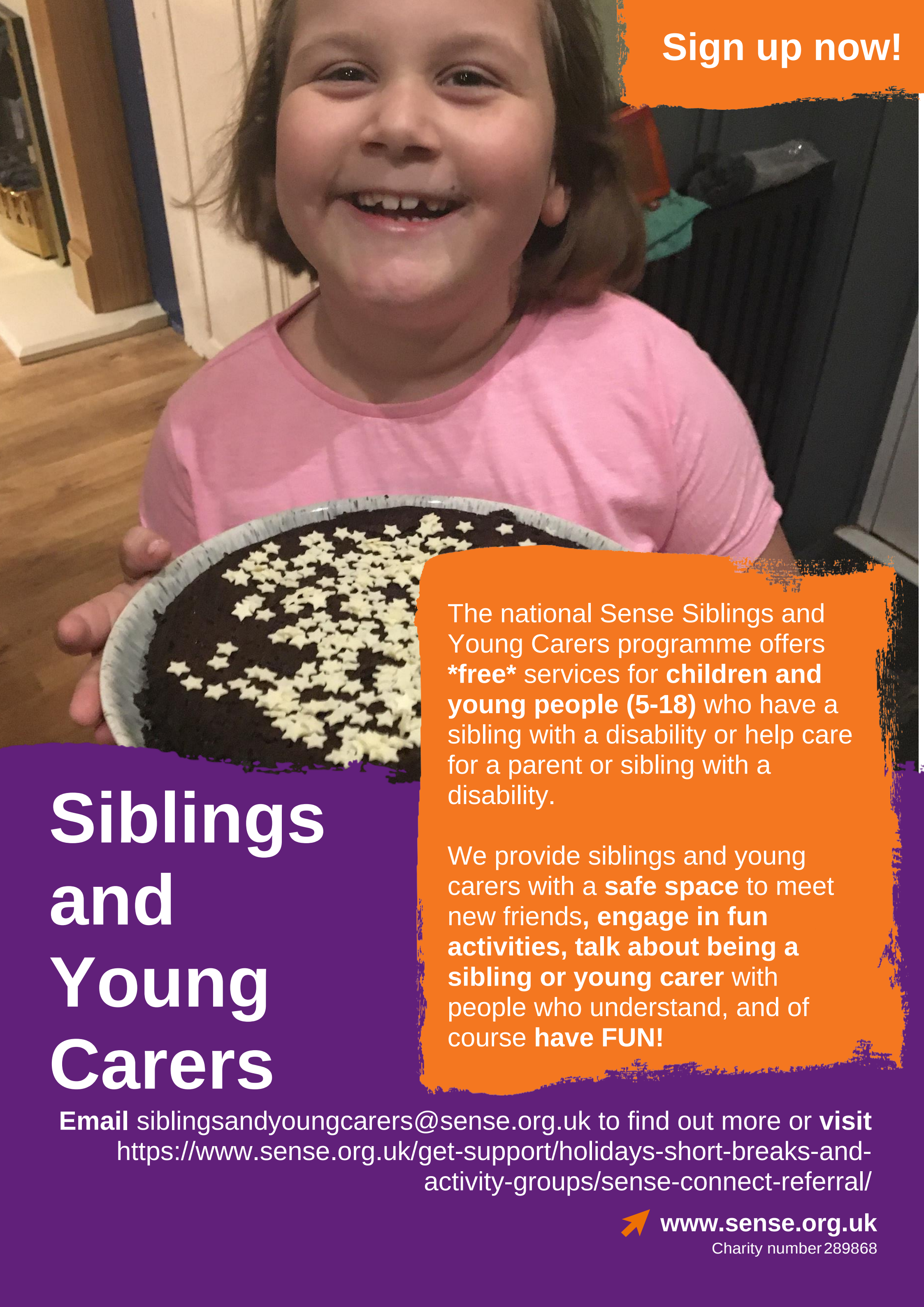




Sign up now!

The national Sense Siblings and Young Carers programme offers ***free*** services for **children and young people (5-18)** who have a sibling with a disability or help care for a parent or sibling with a disability.

We provide siblings and young carers with a **safe space** to meet new friends, **engage in fun activities**, talk about being a **sibling or young carer** with people who understand, and of course **have FUN!**

Siblings and Young Carers

Email siblingsandyoungcarers@sense.org.uk to find out more or **visit** <https://www.sense.org.uk/get-support/holidays-short-breaks-and-activity-groups/sense-connect-referral/>

 **www.sense.org.uk**
Charity number 289868